**COMPOSITION**

Marine proteins and mucopolysaccarides, Ascorbic acid (vitamin C), Silicon dioxide (Equisetum arvense/Springtime Horsetail extract), Yeast extract (vitamin Bs), Tocopherol (vitamin E), Calcium gluconate, Leucoanthocyanidines (Grape seed extract), Zinc gluconate, Coenzyme Q10, Betacarotene, Retinol (vitamin A), Selenium, Biotin, Calciferol (Vitamin D).

**INDICATIONS**

For counteracting and slowing down the “normal” skin aging process, and for repair of skin damage due to environmental influence (sun, diet, smoking, alcohol, stress, air pollution etc).

**DOSAGE FORM**

Capsules

**CONTRAINDICATIONS**

None known

**TOXICITY/SIDE EFFECTS**

None known

**SUGGESTED USAGE**

One capsule in the morning and evening for 90 days. Thereafter one capsule daily in the evening.

**AVAILABILITY**

120 capsules, packed in blisters for convenience and product protection.

**BIOLOGICAL EFFECTS**

The **Sincera®** capsules provide the body with carefully selected proteins and mucopolysaccarides in a unique formula, where these key ingredients are combined with vitamins, minerals, and other anti-oxidants designed to work in unison with each other in a synergistic way to rebuild and maintain the skin in a youthful, good condition.

The main ingredients in the **Sincera®** capsules are **proteins and mucopolysaccarides** of marine origin that serve as **building blocks for elastin and collagen** in the skin, **anthocyanidins** known for their unique ability to inhibit collagen destruction and stimulate the biosynthesis of elastin and collagen, and **silica** that is an essential element in collagen. The vitamins and minerals serve as nutrients and anti-oxidants, both **protecting and repairing the skin of the whole body**.

Clinical studies have proven **Sincera®** to significantly improve the skin quality in regards to thickness, elasticity, color and smoothness and to show a reduction in fine lines and wrinkles. The skin becomes healthier and stronger while at the same time cosmetically more appealing.

**STORAGE**

Store at or below 20° C in sealed containers in a dry place.
REFERENCES


Carlisle E.M.: The Nutritional Essentiality of Silicon. School of Public Health, University of California, Los Angeles CA.


Pugliese, P.: The Science behind the Sincera® Products.


DISCLAIMER: The information presented is intended for educational purposes for health professionals and practitioners. It is obtained from published research and books. It is not intended to be prescriptive, nor replace the care of a licensed health professional in the diagnosis and treatment of illness.

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